



Serving people from diverse cultures

Catholic Community Services of York Region

SPRING 2010 GROUPS AND WORKSHOPS

*Our programs and services are open to the entire community
Check our website for updated information at: www.ccsyr.org*

Groups for Men

Focus on Fathers: A six session group for fathers only with children up to 6 years old that designed to strengthen personal and parenting skills, and to support men in being more active in their children's lives.

Date: Saturdays, from May 8th to June 19th

Location: CCSYR, Richmond Hill office

Time: 10:00 – 12:00 p.m.

Language: English

Reconnecting Fathers: A nine session group program for men who are not living with their children, but want to be more involved and effective fathers. This program is designed to meet the unique needs of non-resident fathers, especially those who are going through transition in their families.

Date: Tuesdays, from April 27th to June 22nd

Location: Ontario Early Years Centre, Aurora

Time: 7:00 – 9:00 p.m.

Language: English

Groups for Women

Bridge Group for Women: A supportive group for women, led by experienced female counselors. Topics include self-esteem, assertiveness building, dealing with anger, building stronger relationships, reducing isolation and coping constructively with transitions. This is an ongoing program and is offered three times each year.

Date: Mondays, from March 1st to April 19th

Location: CCSYR, Richmond Hill

Time: 6:30 – 8:30 p.m.

Language: English

Newcomer Women's Support Group: A supportive group for newcomer women to meet with other members of their community and discuss topics including: self esteem, stress and isolation, family relationship, women's health issues, and immigration related issues.

Date: Saturdays, from May 29th to July 17th

Location: CCSYR, Richmond Hill

Time: 10:00 – 12:00 noon

Language: RUSSIAN

Date: Wednesdays, from April 28th to June 22nd

Location: CCSYR, Richmond Hill

Time: 7:00 – 9:00 p.m.

Language: SPANISH

An updated schedule for spring 2010 will be distributed by April 5, 2010. Check the website at www.ccsyr.org.

Groups for Parents

Parents of Teens: A six session group program for parents of 11 to 17 years old teenagers, focused on helping parents stay connected to their kids during the teenage years.

Date: Wednesdays, from May 5th to June 9th

Location: CCSYR, Richmond Hill

Time: 7:00 – 9:00 p.m.

Language: English

Positive Parenting Group: An eight session group for parents who have children under ages 12 to gain confidence, problem solving skills and useful strategies for raising compliant and confident children held in collaboration with Family Services of York Region.

Date: Mondays, from April 26th to June 21st

Location: Ontario Early Years Centre, Richmond Hill

Time: 7:00 – 9:00 p.m.

Language: FARSI

COPE, Parenting Program: COPE, the Community Parent Education, is a nine session school based family oriented group program for parents of children 4 to 12 years of age who have disruptive behavior, will be offered in English in Richmond Hill.

Date: Tuesdays, from May 4th to June 22nd

Location: Our Lady Help of Christians Catholic School, Richmond Hill

Time: 7:00 – 9:00 p.m.

Language: English

Preparing New Parents Program: A five session group program for couples expecting their first child or whose youngest child is less than 2 years old, to help couples adjust to their new roles and relationship.

Date: Tuesdays, from May 4th to June 1st

Location: 9670 Bayview Ave

Time: 7:30 to 9:00 p.m.

Language: English

Date: Saturdays, from April 24th to May 22nd

Location: CCSYR, Richmond Hill office

Time: 10:00-12:00

Language: RUSSIAN

Step-parenting Workshop: Parenting for Stepfamilies is a three session group program for parents who are living in blended families build a strong couple relationship and to discuss strategies to meet their children's needs.

Date: Tuesdays, April 6th, 13, 20th

Location: CCSYR, Richmond Hill office

Time: 7:00 – 9:00 p.m.

Language: English

Date: Tuesdays, June 1st, 8th, 15th

Location: CCSYR, Richmond Hill office

Time: 7:00 – 9:00 p.m.

Language: English

Divorce Care: Group for women and men, going through separation or divorce, who want to explore issues of concern and find mutual support. Learn more about this program at: www.divorcecare.org

Date: Tuesdays, from February 16th to June 8th

Location: CCSYR, Richmond Hill office

Time: 6:45 – 8:45 p.m.

Language: English

All these Programs are offered FREE of charge, but registration in advance is required
Many of these programs are offered throughout the year in other languages, including Chinese, Farsi, Korean, Russian, Spanish, Tamil and Urdu. For information on upcoming groups...

Call Intake at 905-770-7040, or 1-800-263-2075, extension 241.