



Catholic Community Services of York Region

WINTER 2012 GROUPS & WORKSHOPS

Serving people from diverse cultures

www.ccsyr.org

Groups for Men

Focus on Fathers: A six session group for fathers only with children up to 6 years old that is designed to strengthen personal and parenting skills, and to support men in being more active in their children's lives.

Date: Saturdays, from January 21st to February 25th

Time: 10:00 - 12:00

Location: CCSYR, Richmond Hill

Language: Cantonese

Date: Saturdays, from February 25th to March 31st

Time: 10:00 – 12:00 p.m.

Location: CCSYR, Richmond Hill

Language: English

Date: Fridays, from January 27th to March 2nd

Time: 7:00 – 9:00 p.m.

Location: CCSYR, Richmond Hill

Language: Farsi

Reconnecting Fathers: An eight weekly session group program for fathers who are not living with their children, but want to be more involved and learn effective parenting skills. This program is designed to meet the unique needs of non-resident fathers, especially those who are going through transition in their families.

Date: Tuesdays, from January 31st to March 20th

Time: 7:00 – 9:00 p.m.

Location: Ontario Early Years Centre, Aurora

Language: English

Groups for Women

Bridge Group for Women: A supportive group for women, led by experienced female counsellors. Topics include self-esteem, assertiveness building, dealing with anger, building stronger relationships, reducing isolation and coping constructively with transitions. This is an ongoing program and is offered three times each year.

Date: TBC

Time: 6:30 – 8:30 p.m.

Location: CCSYR, Richmond Hill

Language: English

Women to Women Workshops: A one day workshop for women, led by female counselor. Topics are different for each session.

Date: TBC

Time: 6:00 – 8:30 p.m.

Location: CCSYR, Richmond Hill

Language: English

Newcomer Women's Support Group: A supportive group for newcomer women to meet with other members of their community and discuss topics including: self esteem, stress and isolation, family relationships, women's health issues, and immigration related issues.

Date: Thursdays, from January 19th to March 8th

Time: 6:00 – 8:00 p.m.

Location: Newmarket Welcome Centre,

Language: SPANISH

Date: Saturdays, from March 3rd to April 21st

Time: 10:00 – 12:00 p.m.

Location: CCSYR, Richmond Hill

Language: KOREAN

Groups for Parents

Preparing New Parents Program: A five session group program for couples expecting their first child or whose youngest child is less than 2 years old, to help couples adjust to their new roles and relationship.

Date: Tuesdays, from February 7th to March 6th

Time: 7:00 – 9:00 p.m.

Location: Markham

Language: Cantonese

Date: Thursdays, from February 9th to March 8th

Time: 7:00 – 9:00 p.m.

Location: Richmond Hill Community Church

Language: English

Triple-P: An eight session group for parents who have teenage children to gain confidence, problem solving skills and useful strategies for raising compliant and confident children held in collaboration with Family Services of York Region.

Date: Mondays, from February 6th to April 2nd

Time: 6:30 – 8:30 p.m.

Location: Ontario Early Years Centre, Richmond Hill

Language: FARSI

Step-families Program: Parenting for stepfamilies is a group program for parents who are living in blended families build a strong couple relationship and to discuss strategies to meet their children's need.

Date: Thursdays, from January 26th to March 1st

Time: 7:00 – 9:00 p.m.

Location: CCSYR office, Richmond Hill

Language: English

Divorce Care: A Group for women and men who are going through separation or divorce and want to explore issues of concern and find mutual support, will be offered two times each year. Learn more about this program at: www.divorcecare.org

Date: Tuesdays, from February 7th to June 12th

Time: 6:45 – 8:45 p.m.

Location: CCSYR, Richmond Hill office

Language: English

All these Programs are offered FREE of charge, but registration in advance is required

For information on upcoming groups call Intake at

905-770-7040, or 1-800-263-2075, extension 241 E-mail: groups@ccsyrrg.org

These programs are made possible through the generous support of these funders:

