

**Family Services  
York Region**



**Catholic Community  
Services of York Region**



Are Collaborating Together to Offer a

# **POSITIVE PARENTING GROUP** *IN FARSI*

***FOR PARENTS OF CHILDREN AGES 12 AND UNDER***

***Gain confidence, problem-solving skills and useful  
strategies for raising compliant, confident, resilient children***

**Where: Richmond Hill**

**When: Mondays starting: January 18, 2010 for 8 weeks 6:30- 8:30 p.m.**

**Topics Include:**

- Causes of child behaviour problems
- Realistic expectations and goals for change
- Key steps to encourage compliance and decrease disobedience
- Assertive discipline
- How to build self-esteem in our children
- Skills to encourage and teach our children
- How to create a safe, positive learning environment
- Taking care of yourself as a parent

**FOR REGISTRATION AND MORE INFORMATION, PLEASE CONTACT**

**Roya at FSyr: 905-883-6572 ext 256**

**Jamal at CCSYR: 905-770-7040 ext 237**

- Participation in this group is free
- Snacks provided
- Childcare provided
- Bus tickets available