



# Catholic Community Services of York Region

*Serving people from diverse cultures*

## Family Life Education

Presents

# FOCUS ON FATHERS GROUP

in CANTONESE

**A 6-Week group program designed to strengthen personal and parenting skills for Cantonese speaking:**

## Fathers of Children 0-6 Years of Age

**Location: CCSYR, Richmond Hill office 21 Dunlop Street**

**Richmond Hill**

**Date: Six Saturdays, from February 4<sup>th</sup>, 2012 (10:00-12:00 p.m.)**

### Topics covered:

- **Importance of fathers in child development**
- **Discipline**
- **Anger management & Conflict Resolution**
- **Stress management & Time management**
- **Nutrition in childhood**
- **Importance of reading & Playing with children**

**To register for this FREE program call  
Catholic Community Services of York region at:**

**905-770-7040 or 1-800-263-2075 ext: 241 E-mail: [groups@ccsyrr.org](mailto:groups@ccsyrr.org)**

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