



Serving people from diverse cultures
Catholic Community Services of York Region
Family Life Education
and



Life With a Baby

Real Moms - Real Challenges - Real Help

Present:

Parents and Grandparents Program

A five weekly group program for parents and grandparents in
RUSSIAN

Location: Catholic Community Services of York Region
21 Dunlop Street Richmond Hill, ON

Date: Five Thursdays evening from September 23rd, 2010
(6:30 – 8:30 p.m.)

The topics to be covered will include:

- The role of grandparents in child development
- Parenting style and discipline
- Keeping your cool, setting limits, exercising authority
- Reading and playing with children
- Stress management, Time management

**To register for this free program, call Catholic Community
Services of York Region at:
905-770-7040 or 1-800-263-2075 ext: 241 e-mail: groups@ccsy.org**

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Catholic Charities
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United Way
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