



Serving people from diverse cultures

**Catholic Community Services of York Region
Family Life Education**

Present:

Preparing New Parents Group

A 5-WEEK MANAGEMENT SKILLS PROGRAM FOR NEW AND EXPECTANT PARENTS

**Location: Ontario Early Years Centre
10610 Bayview Ave, Unit 9 Richmond Hill**

**Five Mondays, from August 9th to September 13th, 2010
(7:00 – 9:00 p.m.)**

Topics:

- **The Importance of Parents in Child Development, Discipline**
- **Anger Management and Conflict Resolution**
- **Stress Management and Time Management**
- **Illness Management, Nutrition and Safety**
- **The Value of Reading and Playing with Children**

**To register for this FREE program, call Catholic
Community Services of York Region at:
905-770-7040 or 1-800-263-2075 ext: 241 E-mail: groups@ccsyrr.org**



Catholic Charities

