

FALL  
2018

En Español

## NEWCOMER SUPPORT GROUP

*A supportive group for newcomer women to meet with peers, share experiences, build community connection and discuss topics of interest including: self esteem, isolation, stress, relationships, etc.*

**Date(s):** Mondays Oct 29 - Dec 17

**Time:** 6:00pm to 8:00pm

**Location:** CCSYR @ 21 Dunlop St., Richmond Hill

**Language:** Spanish

**Coordinator:** Maria F. **Speakers:** Various

**FREE!**

Advanced registration for all group programs is required.  
Please call or email [groups@ccsy.org](mailto:groups@ccsy.org) or 905.770.7040 Ext. 237

